



Dr. Artur Gevorgyan
Medicine Professional Corporation

Otolaryngologist- Head and Neck Surgeon
Specializing in Rhinology (nose and sinus disorders)
117 King Street East, 5th floor
Oshawa, ON, L1H 1B9
Telephone: (905) 721- 4943 Fax: (905) 721-6187
www.sinuscentre.ca

Pre-Operative Instructions

**Please read through and follow instructions carefully. Please, call if you have any questions.
If the forms are not completed and instructions are not followed, your surgery may be cancelled.**

- 1. NOTE: We do our best to leave enough space to accommodate urgent surgeries. However, sometimes this is not possible, and your surgery day might have to be cancelled on short notice to fit in an urgent surgery.**
2. If you cancel your surgery for any non-medical reason within 7 days prior to the surgery date and we are unable to fill that surgery time, or if you do not show up for your surgery you may be billed and/or discharged from our office.
3. Book an appointment with your family doctor for approximately 3-4 weeks before your surgery date. Your family doctor will need to fill out the yellow pre-admission history form. Bring it with you to the hospital.
4. Our office will contact you about 2 weeks before your surgery date with a pre-op appointment with the hospital (only if one is required). This is separate from the pre-op appointment with your family doctor. If you do not receive a call, it is ok.
5. Take all medication and forms with you to the pre-op assessment clinic the day of your pre-op appointment. (If you do not need a pre-op, bring them on your surgery day.)
6. **We will call you a few days before your surgery date with your surgery time.** Please notify our office if you or your child is sick a few days before the surgery (fever, cough, congestion, etc). If you show up sick to the hospital, your surgery could be cancelled.
7. On the day of your surgery, please report to the outpatient registration on the 2nd floor (2A) of the hospital. Children 12 and under report to the 3rd floor Pediatrics, C-Wing.
8. If you use a CPAP machine, you need to bring this with you to the hospital on the day of your surgery.
9. Note: Aspirin, Aspirin-containing products, and Anti-inflammatory drugs, should be discontinued 7 days prior to your surgery. (Advil, Motrin, Ibuprofen, NSAIDS.) Please note: Acetaminophen (Tylenol) is okay to take.

Pre-Operative Instructions

Dr. Artur Gevorgyan Medicine Professional Corporation

10. If you are having a general anesthetic, you must not eat anything after midnight the night before your surgery.

- No alcohol 24 hours before surgery.
- You can have a small amount of water up to 6 hours before your surgery.
- Children can have small amounts of water or clear fluids up to 2 hours before surgery. Please, minimize this as much as possible.
- Infants can have breast milk up to 4 hours before surgery and non-human milk up to 6 hours before surgery.
- Solid food may be given up to a minimum of 6-8 hours before surgery
- No gum, candy, or lozenges the day of your surgery.

11. Use of recreational drug (including marijuana) when combined with a general anesthetic, can result in severe adverse effects, including cardiac / respiratory arrest and even death. Please, do not consume any recreational drugs for a month prior to your surgery. In regards to marijuana, the Department of Anesthesiology strongly recommends that patients refrain from smoking marijuana within 48 hours of their surgery. Consumption within that time may lead to cancellation of your procedure or surgery.

12. Patients having a general anesthetic must have someone to pick him or her up after their surgery, as the patient cannot drive for a period of 24 hours. They also must have a responsible adult assisting them for a period of 24 hours after their surgery.

13. It is your responsibility to contact our office if your phone number changes. If we cannot get a hold of you one week before the surgery date, it will be cancelled.

14. There is an out of pocket fee for any insurance/disability forms that you may need filled out for your work. The fee to have these forms filled out, as of right now, is \$139.85.

I have read and understand the above

Signature: _____

Date: _____